

# Group Adult Sailing Courses 2026

## **Adult Beginner Sailing Course #1**

Course #1 consists of three Monday evenings June 15th, 22nd, and 29th 5pm-8pm.

**Course Details:** The nine hours of sailing instruction split into three evenings will cover basic sailing terminology (boat parts, sail parts, points of sail, tacking and jibing). Along with identifying the wind direction, weather awareness, on water safety, right of way boating laws, and familiarizing oneself to the local waters. Sailing knots, rigging and de-rigging sailboats, sailing upwind and downwind, docking and mooring under sail, proper sail trim, and sailing multiple different sailing vessels will all be covered in course #1. The goal at the end of the course is that a crew of multiple students can sail a 19 foot vessel without an instructor on board or students are close to or can sail independently in light wind conditions.

**Price includes all 9 hours of sailing instruction.**

- **With Annual DSSA Membership Total: \$180**
- **Non-Annual Members Total: \$240**

## **Adult Beginner/Intermediate Sailing Course #2**

Course #2 consists of three Monday evenings July 13th, 20th, and 27th 5pm-8pm.

**Course Details:** This course is open to beginner sailors and intermediate sailors who have taken previous lessons. The nine hours of sailing instruction split into three evenings will start with refreshing students on Course #1 materials for intermediate sailors. For beginner sailors in Course #2 the Course #1 material will be covered.

**Intermediate sailors will work on:** Man Overboard Drill, Safety Position/Heaving to, getting out of irons, docking under sail in multiple scenarios, reefing sails, Capsizing Drill (if you don't want to participate in the capsizing drill you will still receive instructions from shore), in depth on sail trim and shaping your sails for the right conditions.

Intermediate sailors will have a say in what sailing vessels they would like to learn on. DSSA has 12-15 different vessels available for this course. The goal at the end of the intermediate course is that sailors are checked off for open sailing with the DSSA and are familiar and confident sailing multiple different sailing vessels. This course can also be used as a precursor to cruise boat lessons and cruise boat certification.

**Price includes all 9 hours of sailing instruction.**

- **With Annual DSSA Membership Total: \$180**
- **Non-Annual Members Total: \$240**